

Ripon Grammar School



Helping shape the future since 1555

Wednesday, 11th September 2019

Dear Potential Participants and Parents/Guardians,

DUKE OF EDINBURGH'S GOLD AWARD – LETTER 1 OF 5

The Duke of Edinburgh's Award scheme run is available at Ripon Grammar School. It is open to any pupil who attends the school who is committed and interested in their own personal development.

Since The Duke of Edinburgh award began in 1956, the DofE Award has been dedicated to the personal development of young people from all backgrounds. With the widest reach of any UK youth charity, 275,000 young people undertake inspiring DofE programmes to achieve Bronze, Silver or Gold Awards every year. The award is based around four sections – volunteering, physical activity, developing a skill and expedition.

Registration of Interest - If you are interested please complete the form at https://www.surveymonkey.co.uk/r/3DXH838 before **Friday 28th September** to be considered for a place.

Training & Expedition Dates 2019:

Please ensure that you can make the dates below before applying:

TRAINING at RGS	30 th November 2019
PRACTICE EXPEDITION	4 th – 7 th April 2020
QUALIFYING EXPEDITION	19 th – 23 rd July 2020

Please note that it will be your responsibility to get to the starting point of each expedition.

Each participant will be given a **Welcome Pack** that records their attendance, training and development throughout the level of the award. The cost for this (detailed overleaf) is passed to the DofE charity and amongst other things, insures each young person for the expeditions. Expeditions provided through school must be self-financing and these costs are detailed over the page.















Training

Training will take place both during Wednesday afternoon enrichment on a residential training weekend and includes training on:

- First Aid and Emergency Procedures
- Awareness of risk and Health & Safety
- Navigation and Route-planning
- Campcraft, Equipment and Hygiene
- Food and Cooking

- County, Highway & Water sports Codes
- Observation, Recording & Presentation
- Team-Building
- Proficiency in the mode of travel

A training day scheduled to ensure that you have the practical skills and competences to allow you to undertake your practice expedition. A practice expedition and an assessed expedition will also be undertaken and you will be travelling unaccompanied with remote supervision (4 days / 3 nights at Gold). The Supervisors will be looking at your competence in navigation, camp craft and teamwork. They will need to be confident in your abilities to enable you to complete your final expedition safely. Should they feel you need extra training or supervision we will discuss this with you and arrange further opportunities for you to practice before your actual assessed expedition. The expeditions will include walking in open country and wild country areas, namely areas of the Yorkshire Dales, North York Moors or Lake District. Camping is generally at campsites, but sometimes campsites may only have a tap and cooking is by camping stove.

Expedition Costing

All prices are approximate, per person and based on seven people in each group (the <u>maximum</u> allowed by DofE) undertaking the expedition on foot.

Nonrefundable registration Pack	£21
Staffing Costs	£49
Training	£30
Practice Expedition	£120
Actual Expedition	£150

TOTAL Payable £350 (only if 30 places are filled)

Other costs: Transport to and from the start of the expedition and food.

A note of risk from the BMC - Participants, parents and guardians should recognise that adventurous outdoor sports are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions.

If you are unsure as to what is entailed in any part of the training or during expeditions please do not hesitate to ask me or those who have already undertaken the award. Please also take the time to look through the website www.DofE.org to find out more information and if you should have any questions, please contact me at hightonj@ripongrammar.com



Yours sincerely, Mr J Highton